Best Practice: 1. Health is wealth

- ➢ **Objective of practice:** To stay healthy, to build healthy society, to follow safety measures during pandemic.
- ➢ **Context:** To boost the immunity power, the students are a part of the program to create awareness among the people around them.
- ➢ **Practice:** The NSS students spread the message of 'Sound Mind in Sound Body'. The institute helped the students to win over pandemic through Yoga and Meditation, making Mask mandatory for the students by following rules of the state government. The dissemination of the message through social media Whats App groups.
- ➢ **Evidence of Success:** The students followed the Yoga and Meditation at home and spread the same message. They distributed Masks to the needy and poor. They maintained health during pandemic. They used and advised others to use mask.

Best Practice: 2. Promotion of online study

- ➢ **Objective of practice:** To bring the students into teaching –learning process, to encourage the students for online study, to bridge the gap of loss of study.
- ➢ **Context:** To engage the students in online study, the teachers tried their best through regular phone calls to the parents and the students.
- ➢ **Practice:** The teachers stated the importance of mobile phones, laptops to the students. The students join hands with the teachers to study online.
- ➢ **Evidence of success:** With the implementation of this practice, at least few students could come forward for online teaching-learning process. Most of them learn how to connect and learn through online teaching.